



Save the Date! CHI Conference 2010

February 7-9, 2010 • San Antonio TX

We're delighted to announce that our 3rd national conference on group health care will be in lovely San Antonio TX, February 7-9, 2010.

Our theme is *The Power of Connection: Leadership for Healthcare Innovation*.

Advocates of Centering group care will be influential in the renewed national focus on health care reform and improvement, and this Conference will give us opportunities to network and consider the importance of group care for improved care delivery.

NEW this year will be a poster/storyboard reception on Monday evening; if you have some research or a novel approach to share, we'd welcome your participation! One-day workshops will be held on Saturday, February 6 on basic and advanced facilitation skills and issues of system re-design.

Registration will be posted on the CHI website soon.

Register early to take advantage of the "Early Bird" price.



Plan to enjoy San Antonio's famed Riverwalk

Check it out: NEW CHI WEBSITE FORMAT

CHI's new website is up and running.

It's a whole new look at the same address: www.centeringhealthcare.org.

Please let us know what you think!

New CenteringPregnancy Sites

Please contact CHI

(iray@centeringhealthcare.org)

to let us know when your 1st group will meet.

We have a Celebration

Kit we'd like to send!



Upcoming Workshops

CenteringPregnancy

Flagstaff AZ: June 16/17

Indianapolis IN: August 8/9

CenteringParenting

Cheshire CT: June 11/12

Level II: Advanced Facilitation

Washington DC: June 13

Register with CHI as an Advocate of Healthcare Improvement

Help fill the circle!

Our goal is to document financial support (at any level) from 360 families or individuals for our 360 Campaign. Your commitment will be recognized as part of the national Conference as we consider issues of healthcare reform and the role of group care in improving healthcare delivery.

Donations are tax-deductible. Information is online at www.centeringhealthcare.org under 360 Campaign. Thanks for your support!

The Survey Says... While considering some potential changes to the Mom's Notebook, we polled some Centering sites to gauge what is considered most useful and important in the current Notebook. We created a survey which was sent to 22 sites, half of which ordered more than 350 Notebooks in 2008, and half of which ordered between 150 and 250 Notebooks in 2008.

USE OF THE NOTEBOOK:

Ninety-five percent of the respondents rated the educational handouts "Very Important." Two-thirds of the respondents said their moms like the Notebook and half reported that moms often mention information they've read in the Notebook. Only 11% indicated that their moms showed little interest in the Notebook.

An astonishing 100% reported that their moms "Always" or "Usually" bring the Notebook to each session!

LITERACY:

As far as literacy was concerned, three-quarters rated the Self-Assessment Sheets and 90% rated the educational handouts "Just about right." For both materials, the remaining respondents were divided between "Too difficult" and "Too easy."

PERSONALIZING:

Only about half the sites personalize the Mom's Notebook by adding material, most often with specific information about the agency and/or community resources. Some of the educational topics that one or more sites reported adding were vaccine schedules, genetic testing, car seat, glucose testing, and extra breastfeeding information. [Note from CHI: Clear page protectors can be inserted as "sleeves" to hold brochures that can't easily be punched.]

This information and all the comments we receive help us better serve you and the moms and families for whom you care. Many thanks to the agencies who took the time to participate!



Centering Stories

From Knoxville TN:

At Lisa Ross Birth and Women's Center, we're starting two CenteringPregnancy groups most weeks. To raise awareness for CenteringPregnancy and the March of Dimes, we had a giant "reunion" for all the Centering families in conjunction with the annual March of Dimes Walk. It was great to see everyone again and have opportunity to reconnect!

From Richmond VA:

I truly appreciate the Centering model—it has positively affected my life. I go to work every day much more excited than I used to be—not just on the days I do Centering, but even on the days I don't, because of the potential every day to get our OB patients into group. I have started a side model for overweight women: come in a group, check blood pressure and weight, group discussion on healthy eating, and then we go outside for some moderate exercise. We've only met for one session, but it was a great success!

From Lexington KY:

Here's a great patient recruitment idea! There's a giant board in the waiting room on which CenteringPregnancy patients post their comments about group. Everyone loved writing on it and interest among prospective group members is high!

For more information about *Centering*, contact: CHI, 558 Maple Ave., Cheshire, CT 06410

(203) 271-3632; info@centeringhealthcare.org

Website: www.centeringhealthcare.org

Founder: Sharon Schindler Rising (srising@centeringhealthcare.org)