

Centering Saves Lives & Money



MATERNAL & CHILD HEALTH IN THE U.S.

33RD

out of 36 in Infant
Mortality compared
to other developed
countries¹

379,777

preterm births
every year²

Preterm birth
among Black
women is

**49%
HIGHER**

than the rate among
all other women³

- 1 National Vital Statistics & OECD, 2017
- 2 National Center for Health Statistics, final natality data 2018
- 3 March of Dimes Premature Birth Report Card, 2019
- 4 CenteringCounts[®] 2018 data based on sites' self-report, over 11,000 births (approximately 18% of all 2018 Centering births)
- 5 CDC Breastfeeding Report Card, 2018

CENTERING HEALTHCARE INSTITUTE IS TRANSFORMING HEALTHCARE THROUGH CENTERING GROUPS

PATIENT SATISFACTION



97.4%⁴

PRETERM BIRTH



Centering	7.1% ⁴
U.S. RATE	10% ²
HP2020 GOAL	9.4%

LOW BIRTH WEIGHT



Centering	6.4% ⁴
U.S. RATE	8.2% ²
HP2020 GOAL	7.8%

BREASTFEEDING (ANY)



Centering	85.8% ⁴
U.S. RATE	83.2% ⁵
HP2020 GOAL	81.9%



BY THE NUMBERS

Centering Saves Lives & Money



CENTERING RESULTS IN MEDICAID SAVINGS WITH BETTER OUTCOMES¹



36%
REDUCTION
IN RISK OF
PRETERM BIRTH



44%
REDUCTION IN
RISK OF LOW
BIRTH WEIGHT



28%
REDUCTION
IN RISK OF
NICU STAY

25 PATIENTS in Centering eliminates one preterm birth

FIRST YEAR SAVINGS OF
\$22,667

22 PATIENTS in Centering eliminates one low birth weight baby

FIRST YEAR SAVINGS OF
\$29,627

30 PATIENTS in Centering eliminates one NICU stay

FIRST YEAR SAVINGS OF
\$27,250

CENTERING REDUCES NEWBORN HOSPITALIZATION COSTS²



63% reduction in risk
of NICU admission

Every \$1 invested in enhanced payments
for Centering eliminated \$6.00 in
NICU expenditures and netted \$4.52
return on investment (ROI) to the payer.

ROI **\$4.52**

SAVINGS **\$67,293**

Enhanced payment for CenteringPregnancy[®]
for 85 patients (\$14,875) led to an estimated
net savings for the managed care
organization of \$67,293 in NICU costs.

1 Gareau, Sarah, et al. "Group prenatal care results in Medicaid savings with better outcomes: a propensity score analysis of CenteringPregnancy[®] participation in South Carolina." *Maternal and child health journal* 20.7 (2016): 1384-1393.

2 Crockett, Amy, et al. "Investing in CenteringPregnancy[™] Group Prenatal Care Reduces Newborn Hospitalization Costs." *Women's Health Issues* 27.1 (2017): 60-66.