

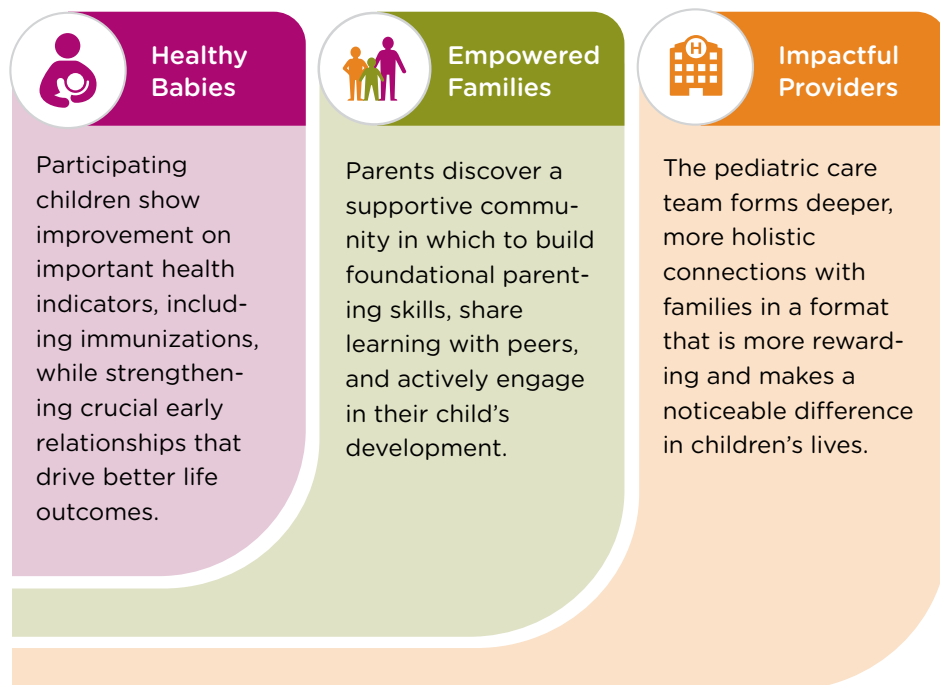
GROUP WELL-CHILD VISITS

Improving the Earliest Years



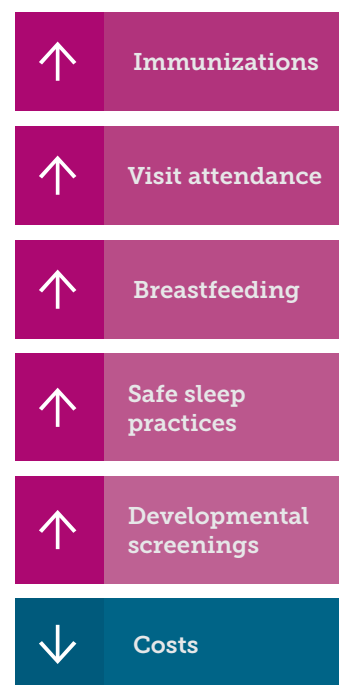
CenteringParenting[®] is a transformative model of pediatric primary care that empowers parents and generates better outcomes for children and families.

By delivering billable well-child visits in a group format over the first two years of life, CenteringParenting creates the space parents need to become more informed, engaged and confident contributors to their children's health. It's care that makes a difference.



A MODEL THAT WORKS

The evidence is growing: Multiple researchers report a boost in visit attendance and on-time immunization. Internal data show a positive impact on additional health outcomes and parental behaviors as well.



FEDERALLY QUALIFIED

health centers, hospitals, and independent providers across the country use CenteringParenting as their primary form of well-child care.



INDUSTRY RECOGNIZED

as an innovative pediatric intervention and a successful strategy for improving child and maternal health. ([Center for the Study of Social Policy](#); [Prenatal-to-3 Policy Impact Center](#))

An Evidence-Based Evolution in Pediatric Care



The science is clear. Early life experiences play a major role in brain development and set the stage for long-term health, social-emotional development and well being.

Strong parent-child relationships are particularly important, supporting early development and mitigating toxic stress and adverse experiences.

A recognized model with a focus on early relationships, CenteringParenting provides the structure caregivers need to build essential connections with their children.



During group sessions, families have time to try out new parenting skills, receive feedback and initiate discussions about sleep, nutrition, and more. They also have the opportunity to form trusting relationships with providers, who can go beyond routine check-ups to address an array of social needs.

“There is magic in the group. I get to know my patients in a completely different way and can do so much more for them. As a provider, it is very powerful to see parents gain confidence.”

DR. MICHELLE GALLAS, EAST AUSTIN COMMUNITYCARE CLINIC

**We're
Ready
to Help**

Visit our website or give us a call to get started.

www.centeringhealthcare.org

857-284-7570

HOW IT WORKS

CenteringParenting replaces one-on-one visits with group sessions that create more time for families to learn and connect—without increasing demands on providers.

6–8

**families meet
together**

90 to 120

minute sessions

9 visits

**from birth
to 24 months**

**In-person
+ virtual**

formats available

Group sessions

**include routine
screenings, individual
health assessment,
facilitated group
discussion and
unique opportunities
for observation**

These billable visits meet the American Academy of Pediatrics Bright Futures™ guidelines.