

Centering Implementation Plan

From the initial days of Start Up to the celebration of Site Approval and beyond, our Centering team is excited to partner with you every step of the way. We bring over two decades of experience as the go-to resource for more than 450 practice sites and some of the largest health systems in the world.



Start Up (MONTH 1-3)

Start Up is an important time as you are building the foundation for a successful and sustainable Centering practice. Your Steering Committee is responsible for informing and engaging staff, providers and leadership as they commit to the changes that are needed to launch Centering. Over a period of 2-3 months, your Steering Committee will meet regularly using the Centering tools to fully explore:

- Creating your Steering Committee
- Building a Shared Vision
- Patient Enrollment
- Engaging Leadership
- Creating your Centering Space
- Goal Setting and Evaluation
- Financing and Budgeting
- Creating your Centering Schedule
- Billing and Reimbursement



Kickoff Day (MONTH 3)

Kickoff Day brings the work of your Steering Committee all together! During this on-site visit your Consultant will work with you to wrap up any outstanding issues, and provide guidance and technical support so your practice is ready to move forward with confidence.



Basic Facilitation Workshop (MONTH 5)

The **Basic Facilitation Workshop** ideally takes place 1 month before groups begin and is required for each person facilitating groups. Participants will discover the three components of Centering group care, the Centering Essential Elements and skills to facilitate engaging group discussions.

Participants often share that “aha moment” in our workshops when they experience how the change to facilitative leadership truly changes the way we deliver care.



Groups Start (MONTH 6)

Your Centering groups typically start 3 to 6 months after the Start Up period begins. We have found that practices that start at least one new group each month are the most successful.



Site Approval (MONTH 12-18)

Once the first group has completed all of their sessions and new Centering groups are starting on a regular basis, your practice is ready for Site Approval. Site Approval recognizes that your practice meets standards for model fidelity and sustainability. This is a valuable opportunity to evaluate your practice's success, to celebrate your accomplishments and to identify any remaining areas where we might assist you.



Advanced Facilitation Workshop (MONTH 12-18)

After completing one CenteringPregnancy group series or leading six months of CenteringParenting groups, facilitators benefit from attending an **Advanced Facilitation Workshop** to build on their skills and learn additional strategies for handling unique or challenging situations.



We are always here to help you succeed as you grow your strong, sustainable Centering practice.