

## Einstein Medical Center - Philadelphia

### CenteringParenting Covid 19 Restarting Groups Protocol

- **Return to regularly scheduled date and time for each group**
  - Groups will be held at their regularly scheduled date and time
  - Families will come in as scheduled and be seen in order in which they arrive
  - Group sessions will be held in person with social distancing (see below)
  - Vaccines and blood work may need to be done outside of the Centering room based on number of infants in each group
- **Physical assessments and paperwork**
  - Physical exam will be done as before on first come basis
  - Parents will be asked to complete screening paper work including EPDS, SEEK, MCHAT, ASQ, **Infant and family health update forms, (reproductive life plans?)**
- **Immunizations, lab work and procedures**
  - Immunizations and lab work should be preferentially done before the group session starts
  - For smaller groups, immunizations and lab work may be done in the Centering room
  - For larger groups, immunizations and lab work should be done in an alternate space, such as a teen clinic room if available
  - **Nebulizer treatments, throat cultures and other aerosolizing procedures will not be done in the Centering room.** Patients requiring these procedures will be moved to the PAAC, acute side after informing PAAC staff (Acute care attending)
  - **COVID testing will not be done in the Centering room.** Patients requiring COVID testing should be moved to PAAC after informing PAAC staff (Acute care attending) that patient is being brought down
- **Recruiting and 2- week visits**
  - Families will continue to be recruited for CenteringParenting sessions
    - Families will be recruited from the term nursery, NICU, and newborn visits in the PAAC
    - Recruited infants should be scheduled on the regular Centering schedule
  - The 2-week visit
    - Only infants who need to be seen will be brought into clinic for the 2-week visit
      - Prior to session, provider will review charts of scheduled patients and communicate with Centering MA as to which infants need to be seen
    - **The group session will be held for the 2-week visit**
- **For Centering groups ages 1 months to 24 months**
  - Group sessions will be held as regularly scheduled
    - **Group sessions will be shortened to 30 – 40 minutes to limit face to face time**
    - If a parent does not want to attend the group session in person, they may join the session virtually via Zoom
  - Providers and Centering MA will communicate at end of session about children who were not seen

- Centering MA will keep track of children who need vaccines and visits
- **Screening and social distancing measures**
  - Centering families will be called 1 – 3 days prior to their appointment to confirm appointment and screen for illness symptoms
    - If patient or parent/family member has history of fever, cough, vomiting, diarrhea, chills in the last 72 hours, provider should be informed to decide if appointment should be rescheduled or changed to an acute visit
    - If patient/family has history of known COVID exposure or travel within the last 14 days to COVID hotspot, provider should be informed to decide if appointment should be rescheduled
  - Only one parent or caretaker will be allowed to attend the group with each infant
    - If more than one family member comes with child they will be asked to wait outside of the hospital
    - If there are less than 4 families in the Centering session, up to 2 additional family members will be allowed to stay in the session on a first come basis
  - All adults and children over 2 need to wear a mask or face covering that covers the mouth and nose for the entire time they are in the Centering room
  - Adults attending the session will have their temperature checked on entering the room
  - Infants will have their temp checked when other vitals are taken
  - Anyone with a temp  $\geq 38.1$  (100.4) will be removed from the Centering room and child will be seen in another space (teen room or sent to clinic for evaluation).
  - Only 7 parent/infant dyads will be allowed in the Centering room at one time
  - Chairs for adults will be spaced 6 feet apart and will have plastic dividers between chairs
  - No siblings will be allowed in the session. If a parent comes with siblings, child will be examined, blood work and vaccines will be done, preferably in another space, and family will not stay for the group session (though may join group session via Zoom)
- **Infection control measures**
  - Exam bed and scale and all patient care equipment will be sanitized between each patient
  - Centering MA will wipe down all surfaces including chairs, dividers, computers as well as all patient care equipment in between groups and at least daily.
  - If suspected or known COVID case was in room, the room will be sanitized and left closed for a minimum of 30 minutes.
  - No food will be served in the Centering room
  - No toys or food to be brought from home, only infant bottles allowed. If parents need to drink or eat they will need to step out of room
  - If a Centering participant is found to be COVID positive or develops symptoms within 14 days of attending a group, the staff will:
    - Notify those who attended the session and discuss the risk of exposure
    - Provide guidance on quarantine and testing
    - Provide guidance on monitoring for signs of infection
    - Add child's name to COVID tracking worksheet