

Centering Implementation Plan

LET US GUIDE YOUR PRACTICE THROUGH THE TRANSFORMATION

From the initial days of Start Up to the celebration of Site Approval, our Centering team is with you every step of the way. We bring over two decades of experience as the go-to resource for more than 400 practice sites and some of the largest health systems in the world.

Centering consultants are healthcare professionals and experts on the Centering model and system redesign. They understand the variations in clinical care settings and can help identify flexible solutions to meet you where you are. Your Centering consultant will provide ongoing guidance and support, beginning with Start Up.

Start Up is an important time as you are building the foundation for a successful and sustainable Centering practice. Your Steering Committee is responsible for informing and engaging other members of the staff, providers and leadership as they focus on the changes that are needed to launch Centering. Over a period of 2-3 months, your Steering Committee will meet regularly using the Centering tools to fully explore:

- 1: Creating your Steering Committee
- 2: Building a Shared Vision
- 3: Patient Enrollment
- 4: Engaging Leadership
- 5: Creating your Centering Space
- 6: Goal Setting and Evaluation
- 7: Financing and Budgeting
- 8: Creating your Centering Schedule
- 9: Billing and Reimbursement

Kickoff Day brings the work of your Steering Committee all together! During this on-site visit your Consultant will work with you to wrap up any outstanding issues, provide guidance and technical support so your practice is ready to move forward with confidence.

The **Basic Facilitation Workshop**

takes place 1-2 months before groups begin and is required for each person leading groups. Participants will discover the three components of Centering group care, the Centering Essential Elements and skills to facilitate engaging group discussions.

Participants often share that “aha moment” in our trainings when they experience how this model truly changes the way we deliver care. Centering workshops are a key ingredient of your success.

Groups Start Your Centering groups typically start 3 to 6 months after the Start Up period begins. We have found that practices that start at least one new group each month are the most successful.

Once the first group has completed all of their sessions and new Centering groups are starting on a regular basis, your practice is ready for Site Approval. **Site Approval** recognizes that your practice meets standards for model fidelity and sustainability. This is a valuable opportunity to evaluate your practice’s success, to celebrate your accomplishments and to identify any remaining areas where we might assist you.

After completing one group series facilitators benefit from attending an **Advanced Facilitation Workshop** to build on their skills and learn additional strategies for handling unique or challenging situations.

These are the building blocks that create a strong, sustainable Centering practice. We are always here to help you succeed.

Centering Implementation Timeline

