

Blue Cross Blue Shield (BCBS) of TX Special Beginnings

BCBS TX provided a grant to the Centering Healthcare Institute (CHI) to expand access to CenteringPregnancy®, an evidence-based group prenatal care model that has been shown to improve maternal and infant outcomes. The overview below summarizes the key process, participant, clinical, and outcome measures collected throughout the grant period to monitor implementation, evaluate program performance, and measure impact.

The quarterly report captures the total number of participant records available for each clinical measure, including those with unknown or missing information, to support assessment of data completeness and reporting quality. A static version of the report will be shared prior to each reporting period to provide sufficient time for data collection, review, and submission.

PROCESS & IMPLEMENTATION

- Cohorts started
- Cohorts completed
- Participant enrollment
- Average participants per cohort
- Average participant attendance
- Delivery format (in-person, virtual, hybrid)
- Participant withdrawal rates and primary reasons
- Site accreditation status
- Geographic setting (urban, suburban, rural)
- Contact information

PARTICIPANT CHARACTERISTICS

- Primary payer mix (including BCBS/non-BCBS where applicable)
- Race and ethnicity
- Preferred language
- High-risk medical conditions (gestational diabetes, hypertension, gestational hypertension/preeclampsia)
- High-risk behavioral conditions (tobacco use, alcohol/substance use, Medication-Assisted Treatment)
- Intimate partner violence screening

HEALTH OUTCOMES

- Delivery and live births
- Gestational age
- Birth weight
- Combined preterm and low birth weight
- Delivery method (vaginal, Cesarean, planned/unplanned Cesarean, VBAC)
- Severe obstetric complications
- NICU admissions and average length of stay
- Infant feeding method at hospital discharge
- Postpartum visit attendance
- Postpartum mood disorder screenings

Please send any questions related to data points to datacollection@centeringhealthcare.org.